

MODIFIED EARLY OBSTETRIC WARNING SYSTEM CHART (MEOWS CHART)



If the patient triggers ANY RED or TWO OR MORE YELLOW flags at any one time, CALL FOR HELP and start the FAST-M Decision Tool.

Patient											Patient ID				DOB / Age		
Date																	
Time																	
Initials																	

WRITE VALUES IN BOXES PROVIDED

Respiratory rate (breaths per minute)	25 or more	RED														
	21 – 24	YELLOW														
	11 – 20	NORMAL														
	10 or less	RED														

Temperature (°C)	38 or more	YELLOW														
	36.0 to 37.9	NORMAL														
	35.9 or less	YELLOW														

Heart rate (beats per minute)	120 or more	RED														
	100 – 119	YELLOW														
	50 – 99	NORMAL														
	40 – 49	YELLOW														
	39 or less	RED														

Systolic blood pressure (mmHg)	160 or more	RED														
	140 – 159	YELLOW														
	100 – 139	NORMAL														
	90 – 99	YELLOW														
	89 or less	RED														

Diastolic blood pressure (mmHg)	110 or more	RED														
	90 – 109	YELLOW														
	40 – 89	NORMAL														
	39 or less	RED														

Urine output Hours since patient last passed urine (tick box)	12 hours or less	NORMAL														
	12 – 18 hours	YELLOW														
	18 hours or more OR less than 0.5 ml/kg/hour	RED														

Mental state (tick box)	Normal	NORMAL														
	Altered	RED														

Looks unwell (tick box)	No	NORMAL														
	Yes	YELLOW														

TOTAL YELLOW FLAGS																
TOTAL RED FLAGS																

ACTION TAKEN (IF REQUIRED) Yes (Y) / No (N)																
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If there are ANY RED or TWO OR MORE YELLOW flags, CALL FOR HELP and start the FAST-M Decision Tool.

SUSPECT SEPSIS, START FAST-M